

Разработка к видео "Extreme sports - kiiking" 10 класс
(демонстрируется короткий отрывок видео с 1 мин 14 сек по 3 мин 37 сек)

1. What can you tell about the history of kiiking? (It dates back hundreds of years, but it recently has become an established sport, In the past each village in Estonia had a wooden swing in a market place.)
2. What occasion did people celebrate? (They met together to celebrate the end of the harvest, they enjoyed eating, drinking and also swinging, so kiiking has very long roots and it is an old tradition.)
3. Who is the winner of the kiiking competition? (The person who manages to complete a rotation with a longest shaft.)
4. Should a person doing kiiking be healthy? (He should have strong legs and stomach.)